











## **Kids Goal Setting Worksheet**

Name		Date
I am really good at:		
I'd really like to get better at these	23 – 5 things:	
I will make these changes so that I	can be a better me:	
I will start focusing on each of the Very soon (next 1 – 3 months):		In the near future (6 – 12 months):
lf I have a hard time following my բ	olan, I will:	