



Earn your Kindness Badge.

1. Donate toys or clothes to charity
2. Write a thank you note to a teacher or someone who helped you recently
3. Help clean up your community
4. Add a dollar to a charity jar
5. Call your grandparents and tell them you love them
6. Help clean up without being asked
7. Tell your sibling something you love about them
8. Do a chore for someone without them knowing
9. Help your parents make a healthy meal for your family
10. Give someone in your house a big hug